



Health Department

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MEDIA RELEASE

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Protect Yourself and Others by Getting Your Flu Shot

Residents Encouraged to Get Annual Flu Shot at Drive Thru Flu Clinic

(Utah County, UT) – Utah County Health Department is offering a drive thru flu clinic on Saturday, November 2nd from 10 am to 1 pm at the Lone Peak High School. Age appropriate flu shots will be available.

“Flu viruses are always changing, so it is important for individuals to get a flu shot every year to protect themselves against the most recent and common types of flu,” said Ralph Clegg, Executive Director of Utah County Health Department. “The flu shot you received last year may not protect you from this year’s flu strains.

Flu seasons can be unpredictable and severe. The Centers for Disease Control and Prevention estimates that each year more than 200,000 people are hospitalized from the flu, including an average of 20,000 children younger than five years old. Complications from the flu can include bacterial pneumonia, ear infections, sinus infections, dehydration, and worsening of chronic health conditions such as asthma, diabetes, or congestive heart failure.

“Anyone over the age of six months should receive the flu shot,” said Clegg. “The elderly, young children, pregnant women, and individuals with chronic conditions and more susceptible to serious health complications if they contract the disease,”

Please wear appropriate shirts providing easy access to the upper arm.

To speed up the process at the drive thru flu clinic, forms are available for download at:

bit.ly/UCImmsFormEng (English) bit.ly/UCImmsSpan (Spanish)

Insurances Accepted:

Altius, Aetna, Blue Cross Blue Shield, CIGNA, DMBA, Educators Mutual, Humana/Choice Care, Medicaid/Medicare, PEHP, Select Health, Select Health/Chip, United Healthcare

Cost: \$0 with insurance, \$34 self-pay, \$64 self-pay for high-dose, \$18 VFC (6 months – 18 years) no insurance

Methods of Payment Accepted: Cash, Check (with ID), Card (must be signed with ID)

Please remember to bring insurance cards.

While not required, tickets are available to reserve a time slot for the event. 1 ticket covers all vehicle occupants.

bit.ly/NovFluClinic (Eventbrite to register for time slot)

bit.ly/UCNov2FluClinic (Facebook Event)

Questions? Call 801-851-7044 or message us at [facebook.com/uhealth](https://www.facebook.com/uhealth)

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