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Weber-Morgan Health Department Encourages Community Action Amid COVID-19 Surge

News Release

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Weber-Morgan Health Department is asking residents to stay vigilant as COVID-19 case numbers rise to record-breaking numbers. WMHD Executive Director Brian Cowan strongly encourages people who live and work in Weber and Morgan Counties to engage in several precautions known to be effective in reducing the spread of viruses by:

- Wearing a face mask, regardless of vaccination status, whenever indoors in public. Masks should always cover the nose and mouth.
- Staying home if you are exhibiting any symptoms of illness—regardless of vaccination status or past infection—and get tested for COVID-19.
- Following all recommendations for isolation and quarantine.
- Getting vaccinated and (if eligible) boosted.
- Staying away from large gatherings if you are not vaccinated and (if applicable) boosted.

The COVID vaccines are extremely effective at preventing serious illness and death. Because vaccine efficacy can wane over time, a booster dose is important to maintain protection. Due to the CDC's new, shorter 5-day quarantine and isolation recommendation, masking is also now more important than ever.

"It's concerning that two years into the COVID-19 pandemic, we are exceeding our highest daily case counts in Weber and Morgan counties," Cowan said. "More importantly, our hospitals continue to hover at or near capacity. We need people to come together to slow the transmission of the virus as the highly contagious Omicron variant surges through our community. We can take the lessons we've learned through this pandemic to keep our residents safe and healthy through this spike."

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