

August 2023

Emergency Preparedness for Children



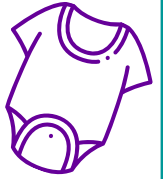
Emergencies and disasters can strike quickly and without warning. We as the Emergency Services staff strive to strengthen the communities' ability to prevent, prepare for, respond to and recover from adverse public health threats and catastrophic events.



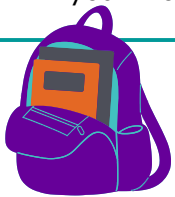
Safety Tips

- Talk to your children about disasters they could experience and what to do in each of them.
- Establish an evacuation location outside your home and outside of your neighborhood to meet at in the event of an emergency. **PRACTICE EVACUATING!**
- Find out what your child's daycare or school emergency plans are.
 - You can use parts of these plans and reinforce them at home.
 - Being aware of school/daycare plans helps keep you informed if a disaster occurs away from home.

Emergency Kit Additions



- Activity books & pencils/crayons
- Comfort item (blanket/stuffed animal)
- Extra clothes in your child's current size
- Medicines that your children need take or need
- Child identification card/bracelet for each person to carry in case of separation
- Diapers, wipes, and other hygiene items specific to your children
- Thermos to help maintain formula temperatures

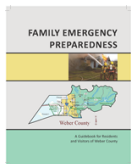


Go to [RedCross.org](https://www.redcross.org) to find out how to talk to kids about the before and after of disasters, [Ready.gov](https://www.ready.gov) for kid preparedness activity books as well as [CDC.gov](https://www.cdc.gov) for family emergency kit checklists.



Family Preparedness Plans

Did you know we have family preparedness guides? Check out the [Emergency Preparedness tab on the WMHD website](#) to download a copy to complete as a family.



Make it fun!

When talking to kids about being prepared, it doesn't have to be scary. Make preparedness a family activity to do together and make it fun! [Online games](#) are a great way to engage older children's interests, coloring and activity books are also great options.

These newsletters are intended to help support you and your families to improve your personal emergency preparedness. Personal preparedness is the first step to being able to fulfill our roles that we play in community response. For topic suggestions, click [HERE](#).