

## A note to parents

Thank you for participating in Unified Fire Authority's Juvenile Fire Setting program. We understand how alarming it is to discover that your child has been playing with fire, and how difficult it can be to teach them how dangerous fire can be. By enrolling your child in the Juvenile Fire Setting program, you have taken the first step towards making your family fire safe and ensuring that your child stops playing with fire for good.

This workbook focuses on fire safety and the consequences of playing with fire. It is designed to help your child become more aware of the hazards in the home, learn about what they can lose if a fire gets out of control, and assigns them the task of keeping their family fire safe. This workbook was designed to open a dialogue between you and your children and help you to make your house fire safe as a family. Some of the activities in the book will be difficult for your child to complete on their own. Please take a few moments to help them with the activities, and use them as an opportunity to work as a team. When the workbook is complete, bring it back to the fire station and let the fire crew review it with your child and give them the reward they negotiated for when they first visited us.

## A note to program participants

If you are working on this workbook, you were probably brought to us because you were caught playing with fire. Although fire can be a tempting form of entertainment, and your friends may encourage you to experiment with it, fire can be one of the most devastating disasters you'll ever encounter. Fire doesn't discriminate. It will destroy everything you own and hurt or kill your family and friends. By completing this book, we hope to give you a better understanding of how fire can dismantle your life, how your family can prepare for fire in the home, and how you can help save the lives of your loved ones by staying safe and teaching them fire safety principles.

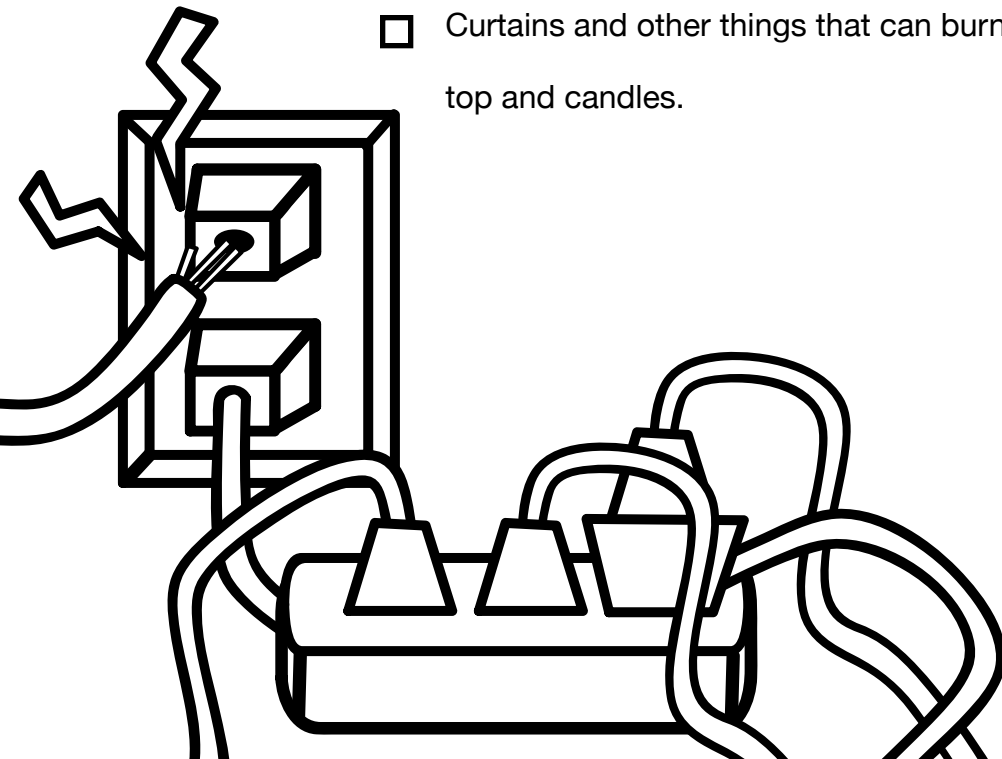
# Before the Fire

The first step towards being prepared for a fire in your home is preventing a fire before it happens. Complete this fire safety check list to see how safe your house is. Will it be easy to get outside during a fire? Are there things in the house that will make a fire grow quickly? After you have completed the checklist, identify two things you can do to make your house fire safe, and fix them.

\_\_\_\_\_ How many smoke detectors does your home have?

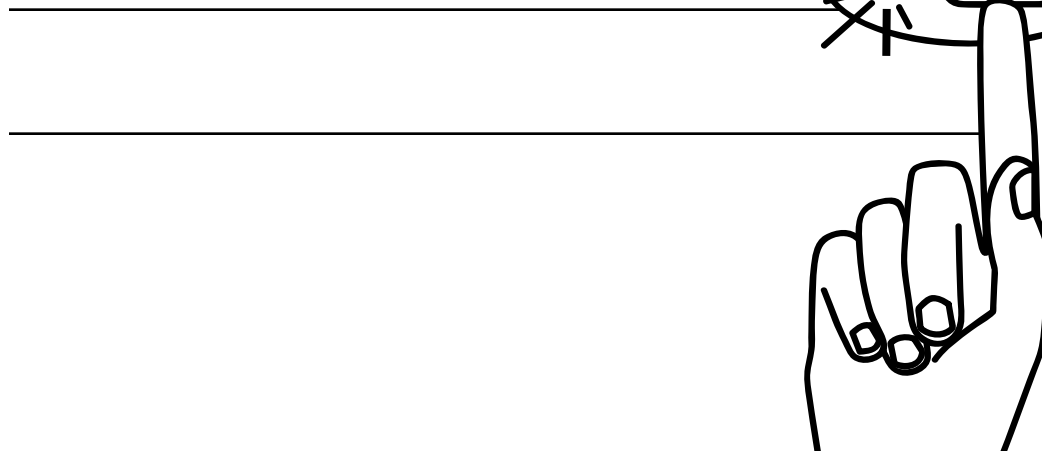
\_\_\_\_\_ How many fire extinguishers does your family have?

- All of the electrical cords in the house are in good condition (not broken).
- Extension cords are not pinched by doors, cabinets or other furniture.
- All electrical appliances and lights are plugged into separate outlets or plugged into a surge protector.
- All smoke alarms have been tested and work properly.
- All escape routes are clear of clutter.
- All secondary exits like windows aren't blocked by furniture.
- Curtains and other things that can burn are away from the stove top and candles.



- Space heaters are off whenever a room is left unattended or when you are sleeping.
- If you have a clothes dryer, it has a clean vent and filter.
- Food is never left unattended on the stove.
- No extension cords are running under the carpet or across walking areas.
- Portable space heaters are at least 3 feet away from anything that can burn.
- Nothing is being stored within 3 feet of the furnace or water heater.
- Furnace is clean and has been inspected.
- Lawnmower and gas cans are stored away from heat sources and never in the house.
- Oily rags are stored in an airtight container.
- Outdoor grill is away from wood railings, the house and trees.
- Chemicals in the garage are limited to only the amount that is needed, and stored away from heat sources.
- Matches and lighters are put away and out of the reach of children.

**Write 2 things you can do in your house today to make it more fire safe.**



# Pre Fire Plan

Now that your home is fire safe we need to make sure that everyone in your family knows what to do if there is a fire in the house. Sometimes small children will hide from fire instead of getting outside where it is safe. Sometimes families don't meet up after escaping and they think people are still inside. We're counting on you to make a plan for your family and practice it with them, so if you have a fire, everyone will know what to do.

How many people live in your house? \_\_\_\_\_

Is there anyone in the family who would have a hard time getting out on their own?

Why? \_\_\_\_\_

If your house is on fire, you should always call the fire department from a neighbor's house or from a cell phone in a safe area. What is the number you should dial?

\_\_\_\_\_

When you call the fire dispatchers, they will want to know your address and a call back phone number. Memorize your address and telephone number and write it below.

When everyone is outside and safe, the fire department will need them all in one safe place so they can be sure that everyone is out. Write down a permanent place in front of your house that will be your family's meeting place. It could be your mail box, a tree, or at the end of the fence.

Address and Telephone:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

My family's safe place is:

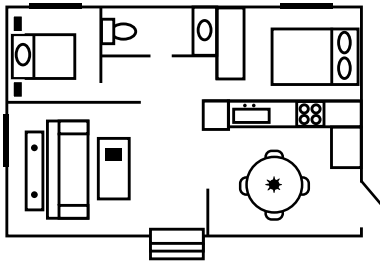
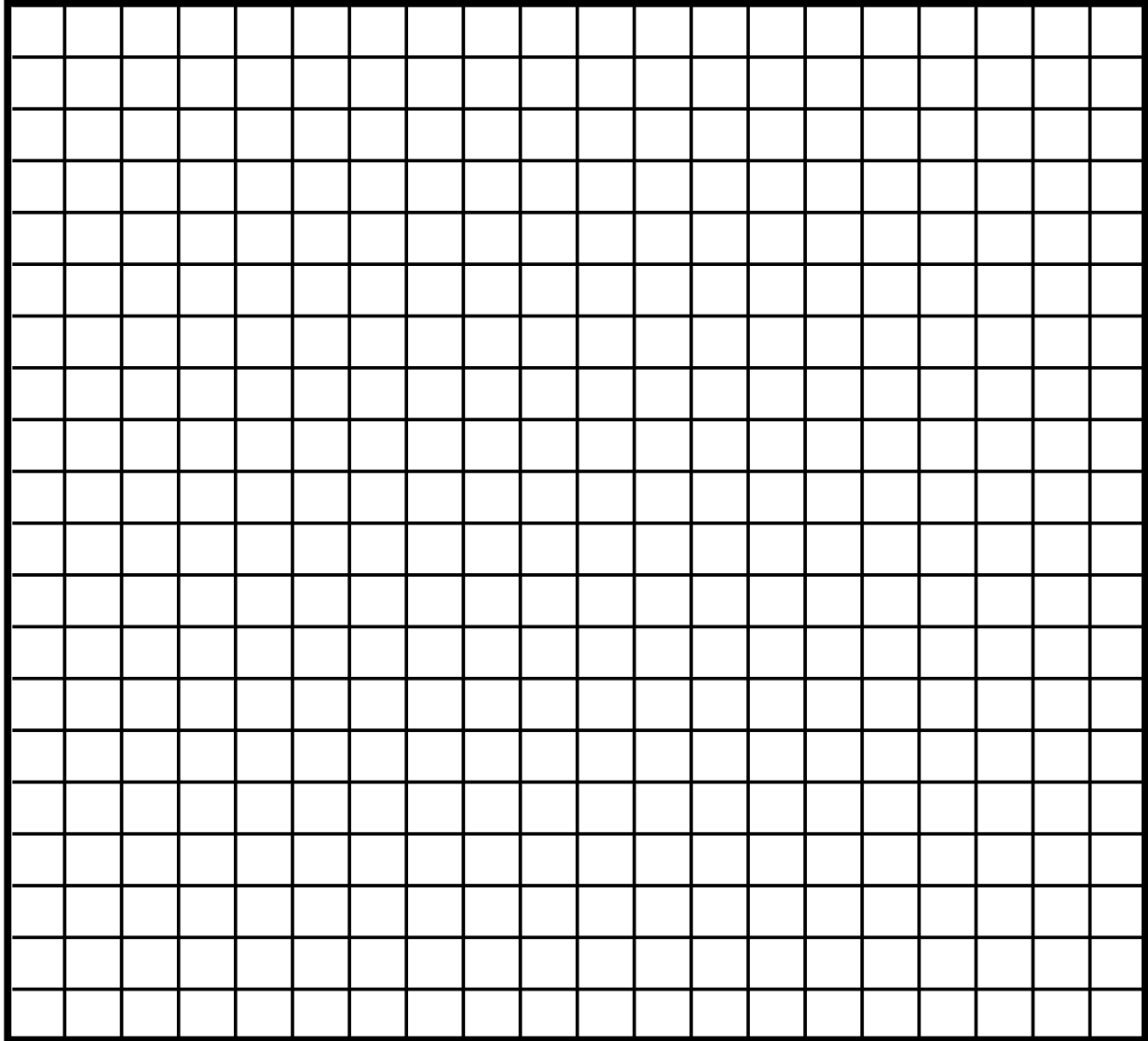
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# Make a fire escape plan for your own home!

Draw a plan similar to the one below.



Draw all doors and windows. Mark two ways out of each room, and mark the location of all smoke alarms. Smoke alarms should be inside and outside of all sleeping areas, and on every level of the home. Assign a safe meeting place outside where everyone can meet. Make sure to practice your plan at least twice a year with your family.

Assign a safe meeting place outside.

# Practice Time

Now that you have drawn your fire escape routes and picked a meeting place, it is time to teach your family how to escape during a fire. Practice your fire escape routes with your family and see how quickly you can all get to the safe meeting place.

Teach your family to stay low under the smoke in the house. Teach them to feel doors and doorknob before opening them, and to use the second way out of the room if either is hot. Teach young children in the house not to hide from the fire. It's safe outside. When the firefighters arrive, they will want to know if everyone is out, or if there is still someone inside. Make sure you count everyone at the meeting place, and tell the firefighters whether everyone is out.

When everyone is ready, practice your fire escape plan. Time it to see how long it takes everyone to get out.

I practiced my fire escape plan with my family. Our time was:

\_\_\_\_\_



# Insurance

Many people think that fire isn't a big deal because homeowner's or renter's insurance will pay for everything that is lost. It's true that insurance will pay for some things, but sometimes insurance underpays or won't pay because of how the fire started. Health insurance helps with medical bills a lot, but many people don't have health insurance, and even those may still have large hospital bills. Sit down with your parents and answer the following questions about fire and health insurance.

Does your family have homeowner's or renter's insurance?

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How much will your insurance pay for your property and home?

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How much will your insurance pay for your possessions?

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Will insurance cover the total value of everything you could possibly lose?

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Will your fire insurance pay if the fire is determined to be an arson fire (intentional fire) or reckless burning?

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Does your family have health insurance?

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What percentage of your bill will your family's insurance pay if you go to the Emergency Room, or get admitted to the Burn Center?

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Is there a maximum amount that insurance will pay?

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National averages for children admitted to U.S. Burn Centers

Percent of body burned	Average length of hospital stay	Average cost, year 2000	Average cost, year 2010
Less than 10%	2.5 Days	\$7,167.00	\$9,072.00
10% - 19%	4.85 Days	\$12,546.00	\$15,880.00
20% - 29 %	11.27 Days	\$35,776.00	\$45,284.00
30% - 39%	15.16 Days	\$34,872.00	\$44, 140.00
Greater than 40%	17.4 Days	\$87,312.00	\$110,517.00

Journal of Burn Care & Research, "Healthcare Resource Utilization and Epidemiology of Pediatric Burn-Associated Hospitalizations, United States, 2000", Brenda J. Shields, Volume 28, Number 6.

\*Inflation calculated at 26.6% from 2000-2010



# After the Fire

Fire is a very dangerous thing. It can destroy everything we have, and hurt the people we love. If you continue to play with fire, there is a good chance that your family could lose their home, their favorite things, or maybe even lose a family member.

If your house burns down, where will your family live until the house is repaired? Call the person you listed below and ask for permission to stay at their home if you have a fire in yours. Who's home will you live in?

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What will you wear to school if all of your clothes are burned during a fire? Ask your parents if they can afford to buy you new clothes if a fire destroys your home.

Your parent's answer:

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Can you get in trouble for lighting fires? Call the police or the fire station and ask them what the punishment for arson is. List what you found out below.



# The Cost of Fire

If a fire is determined to be arson, the person who started the fire is often held responsible for the cost of extinguishing the fire. Fire engines, firefighters, and other resources can be very expensive. Let's assume that you lit a small fire in your back yard, and it got out of control before you could put it out. It ends up burning your house down, the next door neighbor's house, a shed, and part of a field behind your back yard. The fire investigators determine that the fire is arson, and decide to send you the bill for the fire. Look at the resources that were sent to the fire, and figure out what the total cost of the fire is. It took 6 hours to completely extinguish the fires, and all of the listed units were on scene for the whole six hours.

6 Engines on-scene - \$275.00 an hour each

3 Trucks on-scene - \$485.00 an hour each

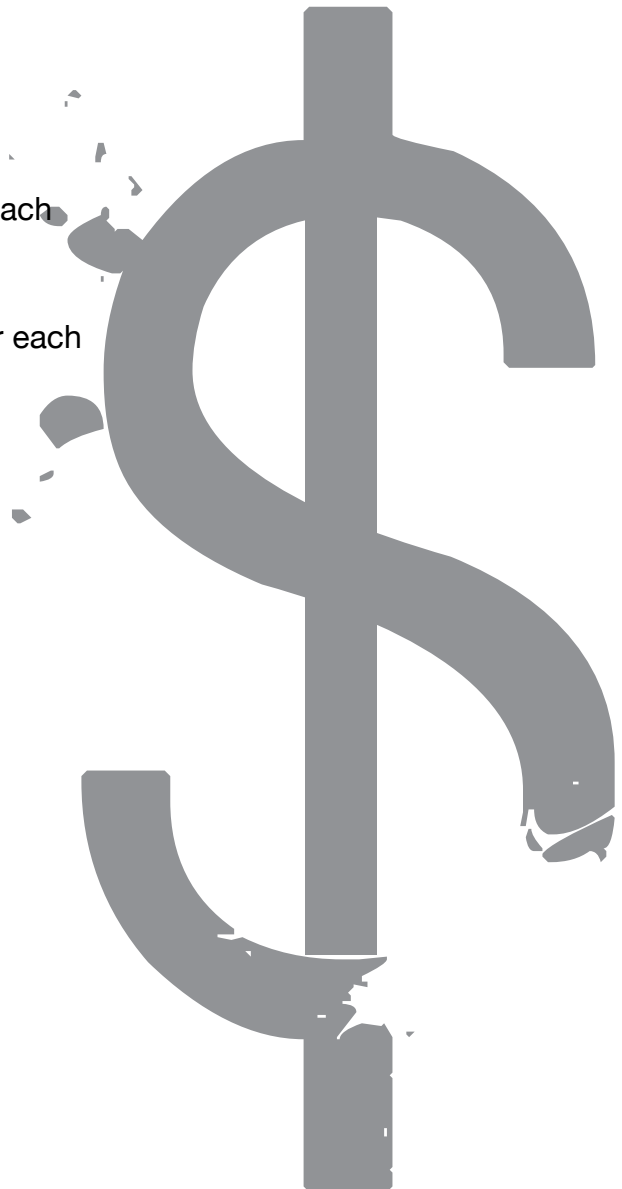
2 Ambulances on-scene - \$175.00 an hour each

3 Chiefs on-scene - \$50.00 an hour each

4 Wildland Units on-scene - \$100.00 an hour each

**Total cost to extinguish the fire:**

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# Losing the Things we Love

There are many things in our home that can never be replaced. Things like pictures, trophies, and our pets are things that are one of a kind. Fire can ruin those things and we can never get them back. List your family members below and ask each of them to name the one thing they have that they will miss the most if your home burned down.

Name \_\_\_\_\_ Age \_\_\_\_\_

What they would miss most \_\_\_\_\_

Name \_\_\_\_\_ Age \_\_\_\_\_

What they would miss most \_\_\_\_\_

Name \_\_\_\_\_ Age \_\_\_\_\_

What they would miss most \_\_\_\_\_

Name \_\_\_\_\_ Age \_\_\_\_\_

What they would miss most \_\_\_\_\_

Name \_\_\_\_\_ Age \_\_\_\_\_

What they would miss most \_\_\_\_\_

# You Can't Replace People

Losing your things is sad, but losing a family member is much worse. Smoke and fire kill a lot of people every year, and nobody wants you to play with fire and lose a family member because it got out of control. What would you miss most about your family members? Would it be Mom's hugs? Your grandpa's magic tricks? Hearing your brother sing off key? List all of your family members who live in your house below and write the one thing you will miss the most about each of them if they died in a fire.

Name \_\_\_\_\_ Age \_\_\_\_\_

What would you miss most about them \_\_\_\_\_

Name \_\_\_\_\_ Age \_\_\_\_\_

What would you miss most about them \_\_\_\_\_

Name \_\_\_\_\_ Age \_\_\_\_\_

What would you miss most about them \_\_\_\_\_

Name \_\_\_\_\_ Age \_\_\_\_\_

What you would miss most about them \_\_\_\_\_

Name \_\_\_\_\_ Age \_\_\_\_\_

What would you miss most about them \_\_\_\_\_

# Obituary

Sometimes fire quickly gets out of control and someone loses a life because they can't escape quickly enough. Saying goodbye can be very hard, and for many people, appreciating the people we have while they are with us is something that is neglected. Please pick someone in your household that you will miss if they are lost in a fire and write an obituary for them. Imagine that they were lost in a fire that was intentionally lit. Use this opportunity to appreciate all of the things you will miss most about this person. Hopefully, you don't put yourself or your family in a position where they need to write a real obituary. Read the sample below, then compose your own on the next page.

*John Richard Jones "Richie" passed away unexpectedly on July 10, 2010 at his home in Riverton, Utah. Richie was born August 15, 1984 in Murray, Utah to Michael Smith and Stephie Jones. He married Carrie Clark in 2004 and was truly blessed with two beautiful children; Jessica and Mike, who he loved beyond measure. Richie spent most of his life in the construction industry working for his parents at XYZ Construction, but if you needed a fence, concrete or trash removal, he was your man. He loved his family and friends and co-workers, oh, that's right, they were all family to him. He was fiercely loyal to them all. He is survived by his wife, Carrie; his children, Mike and Jessica; his sisters, Michelle, Crystal, Natalie, Jasmine and Erica; his brothers, Armen, Lou, Max and Leo; his parents, Michael and Stephie Jones, Dennis and Doris Chavez; his grandmothers, Esther Smith and Audrey Jones; grandfather, Richard Chavez. He is also survived by his brothers and sisters-in-law, Rachel, Sarah, Seth, Adam and Matt; all of his beloved friends, Andrew, Amanda, Cameron, Bubba, Cora, Kelly, Joe, Dustin, Larry and Dave; as well as many nieces, nephews, cousins, aunts and uncles. Richie is preceded in death by his little brothers, Gabriel and Jonas; his grandmother, Harriet; grandfathers, Frank Jones and Brooke Larson; his stepfather, Karl Draper; and best friend, James. Funeral services will be Saturday, August 11, 2010 at 3:00 PM at ABC Mortuary, 1234 South City Street. A viewing will be held from 10:00-11:45 a.m. prior to services on Saturday.*



# NON-FIRE USE CONTRACT

This contract is between \_\_\_\_\_ and \_\_\_\_\_.

By signing this agreement, I, \_\_\_\_\_, agree to the following conditions for the term of this contract. If I am successful in doing these things for the time period listed below, I understand that \_\_\_\_\_ has promised me:

## CONDITIONS

- Not misuse or play with fire in any way.
- Not play with matches, lighters, or any other things that make flame or fire.
- Stay away from others who might play with or misuse fire.
- Report, to a responsible adult, anyone else who might play with or misuse fire.
- Tell an adult about any matches or lighters or other fire tools that are found where they should not be.
- Help those around me be safe from fire.
- Complete my workbook.
- Complete my required educational sessions
- Perform at least 10 hours of community service.
- Repair or replace damaged property and repay medical expenses resulting from my actions as agreed by my guardian and those affected by my fire.

## TERM OF CONTRACT

The time period for above conditions will be from \_\_\_\_\_ until \_\_\_\_\_. I have read and understand this contract and agree to follow it to the best of my ability.

Youth Signature	
Interventionist Signature	
Today's Date	