



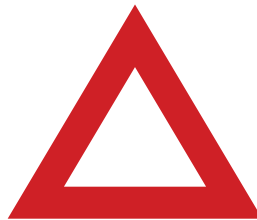
# Car Survival and Emergency Kit

**You never know when you might become stranded in your vehicle on a deserted highway or even on a busy freeway during rush hour traffic. Be ready to take care of you and your family in just such an occasion.**

- ✓ Maintain a minimum of ½ tank of gas
- ✓ Keep vehicles serviced for seasonal changes

## Keep secured for safety in a sturdy container the following items:

- Water in 2-liter bottles (*filled ¾ full to allow for freeze expansion*); rotate water every six months
- Food/power bars, candy, dehydrated fruit, nuts, etc.; **rotate food regularly**
- Blankets (*can be Mylar*) or a sleeping bag Coat(s) or jacket(s), rain poncho, boots/goulashes, gloves for warmth and work
- Road emergency flares
- Flashlight with extra batteries, fluorescent light sticks
- Fire extinguisher (*Standard Class ABC*)
- Collapsible shovel
- Jumper cables
- Whistle (*equipped to hang around neck*)
- Dust masks
- Personal sanitation items (*toilet tissue, moist towelettes, feminine supplies*)
- Writing pad, pencils, road map
- Siphoning Hose
- Ice scraper
- Additional car kit items: tools needed to change a flat tire, bag of sand or rock salt, tow rope
- First aid kit:** \_\_\_\_\_
  - rubber disposable gloves
  - adhesive bandage strips
  - gauze
  - non-adherent sterile pads (*various sizes*)
  - first aid tape
  - large cotton cloth (*use for sling, tourniquet, bandage*)
  - anti-bacterial ointment
  - burn cream
  - aspirin | pain reliever
  - PRESCRIPTION MEDICATIONS
  - eye wash
  - hand wipes (*antiseptic*)
  - hand sanitizer
  - cotton balls | cotton pads
  - alcohol swabs
  - iodine (*bottle or pads*)
  - scissors | tweezers
  - pocketknife
  - razor blades
  - safety pins (*various sizes*)
  - needles | heavy thread
  - matches (*waterproof*)
  - chemical ice pack
  - hand warmer packets



ALWAYS BUCKLE UP, DON'T TEXT AND DRIVE AND ALWAYS DRIVE SAFELY!

✓ **Make a Plan** ✓ **Get a Kit** ✓ **Be Informed** ✓ **Get Involved**

For more preparedness information: [BeReadyUtah.gov](http://BeReadyUtah.gov)

