A note to parents

Thank you for participating in Utah’s Youth Firesetter Prevention Program. We understand how alarming it is to discover that your child has been playing with fire, and how difficult it can be to teach them how dangerous fire can be. By enrolling your child in the Juvenile Fire Setting program, you have taken the first step towards making your family fire safe and ensuring that your child stops playing with fire for good.

This workbook focuses on fire safety and the consequences of playing with fire. It is designed to help your child become more aware of the hazards in the home, learn about what they can lose if a fire gets out of control, and assigns them the task of keeping their family fire safe. One of the goals of this workbook is to open a dialogue between you and your children, and help you to make your house fire safe as a family. Some of the activities in the book will be difficult for your child to complete on their own. Please take a few moments to help them with the activities, and use them as an opportunity to work as a team. When the workbook is complete, please bring it back to the fire station and let the fire crew review it with your child and give them the reward that they negotiated when you first visited us.
Is Fire Good or Bad?

Fire is a useful tool that we use every day. It keeps us warm, cooks our food, and does many other things to make our lives easier. Without fire, we would live very different lives than we do right now. Sometimes, however, fire can be a bad thing. It can destroy our property and hurt the people we love. Use the space below to list some ways fire can help us and hurt us.

List 3 ways fire can help us:

- 
- 
- 

List 3 ways fire can hurt us:

- 
- 
-
Before the Fire

Complete this fire safety check list to see how safe your house is. Will it be easy to get outside during a fire? Are there things in the house that will make a fire grow quickly? If you are having a hard time with the check list, ask a grown up for help.

______ How many doors does your home have?

______ How many windows does your home have?

______ How many smoke alarms does your home have?

______ How many fire extinguishers does your family have?

☐ All of the electrical cords in the house in good condition (not broken or frayed).

☐ All electrical appliances and lights are plugged into separate outlets or plugged into a surge protector.

☐ All smoke alarms have been tested and work properly.

☐ All escape routes are clear of clutter.
☐ Curtains and other things that can burn are away from the stove top.

☐ Space heaters are off whenever a grownup leaves the room.

☐ If you have a clothes dryer, it has a clean vent and filter.

☐ A grown up stays in the kitchen whenever food is cooking on the stovetop.

☐ No extension cords are running under the carpet or across walking areas.

☐ Portable space heaters are at least 3 feet away from anything that can burn.

☐ Nothing is being stored within 3 feet of the furnace or water heater.

☐ Matches and lighters are put away and out of the reach of children.

Write 2 things you can do in your house today to make it more fire safe.

________________________________________________________________________

________________________________________________________________________
Pre Fire Plan

Now that your home is fire safe, we need to make sure that everyone in your family knows what to do if there is a fire in the house. Sometimes, small children will hide from fire instead of getting outside where it is safe. Sometimes, families don’t meet up after escaping, and they think people are still inside. We’re counting on you to make a plan for your family and practice it with them, so if you have a fire, everyone will know what to do.

How many people live in your house?

Is there anyone in the family who would have a hard time getting out on their own?

Why?

If your house is on fire, you should always call the fire department from a neighbor’s house or from a cell phone in a safe area. What is the number you should dial?

When you call the fire dispatchers, they will want to know your address and a call back phone number. Memorize your address and telephone number and write it below.

When everyone is outside and safe, the fire department will need them all in one safe place so they can be sure that everyone is out. Write down a permanent place in front of your house that will be your family’s meeting place. It could be your mailbox, a tree, or at the end of the fence. Where is your safe place?

Address and telephone:
Make a fire escape plan for your own home!

Draw all doors and windows. Mark two ways out of each room, and mark the location of all smoke alarms. Smoke alarms should be inside and outside of all sleeping areas, and on every level of the home. Assign a safe meeting place outside where everyone can meet. Make sure to practice your plan at least twice a year with your family.

Assign a safe meeting place outside.
Practice Time

Now that you have drawn your fire escape routes and picked a meeting place, it is time to teach your family how to escape during a fire. Practice your fire escape routes with your family and see how quickly you can all get to the safe meeting place. Teach your family to stay low under the smoke in the house. Teach them to feel doors and doorknob before opening them, and to use the second way out of the room if either is hot. Teach young children in the house not to hide from the fire. It’s safe outside. When the firefighters arrive, they will want to know if everyone is out, or if there is still someone inside. Make sure you count everyone at the meeting place, and tell the firefighters whether everyone is out.

When everyone is ready, practice your fire escape plan. Time it to see how long it takes everyone to get out.

I practiced my fire escape plan with my family. Our time was:

____________________________________
Fire is a very dangerous thing. It can destroy everything we have, and hurt the people we love. If you continue to play with fire, there is a good chance that your family could lose their home, their favorite things, or maybe even lose a family member.

If your house burns down, where will your family live until the house is repaired?

Call the person you who’s home you listed above and ask for permission to stay at their home if you have a fire in yours. What will you wear to school if all of your clothes are burned during a fire? Ask your parents if they can afford to buy you new clothes if a fire destroys your home. What is their answer:

Can you get in trouble for lighting fires? Call the police or the fire station and ask them what the punishment for arson is. List what you found out below.
Losing the Things we Love

There are many things in our home that can never be replaced. Things like pictures, trophies, and our pets are things that are one of a kind. Fire can ruin those things and we can never get them back. List your family members below and ask each of them to name the one thing they have that they will miss the most if your home burned down.

Name_________ Age____

Item they would miss most______________________________________________________

Name_________ Age____

Item they would miss most______________________________________________________

Name_________ Age____

Item they would miss most______________________________________________________

Name_________ Age____

Item they would miss most______________________________________________________

Name_________ Age____

Item they would miss most______________________________________________________
Losing your things is sad, but losing a family member is much worse. Smoke and fire kill a lot of people every year, and nobody wants you to play with fire and lose a family member because it got out of control. What would you miss most about your family members? Would it be Mom’s hugs? Your grandpa’s magic tricks? Hearing your brother sing off key? List all of your family members who live in your house below and write the one thing you will miss the most about each of them if they died in a fire.

Name_________ Age____

What you would miss most about them___________________________________________

Name_________ Age____

What you would miss most about them___________________________________________

Name_________ Age____

What you would miss most about them___________________________________________

Name_________ Age____

What would you miss most about them___________________________________________

Name_________ Age____

What you would miss most about them___________________________________________
NON-FIRE USE CONTRACT

This contract is between __________________ and ___________________.

By signing this agreement, I, _________________________, agree to the following conditions for the term of this contract. If I am successful in doing these things for the time period listed below, I understand that ___________________________ has promised me:

CONDITIONS
- Not misuse or play with fire in any way.
- Not play with matches, lighters, or any other things that make flame or fire.
- Stay away from others who might play with or misuse fire.
- Report, to a responsible adult, anyone else who might play with or misuse fire.
- Tell an adult about any matches or lighters or other fire tools that are found where they should not be.
- Help those around me be safe from fire.
- Complete my workbook.
- Complete my required educational sessions
- Perform at least 10 hours of community service.
- Repair or replace damaged property and repay medical expenses resulting from my actions as agreed by my guardian and those affected by my fire.

TERM OF CONTRACT
The time period for above conditions will be from____________ until____________. I have read and understand this contract and agree to follow it to the best of my ability.

<table>
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<th>Youth Signature</th>
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<tbody>
<tr>
<td>Interventionist Signature</td>
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<td>Today’s Date</td>
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