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# **PART 3: HOW THE INTERVIEW PROCESS WORKS**

# INTRODUCTION

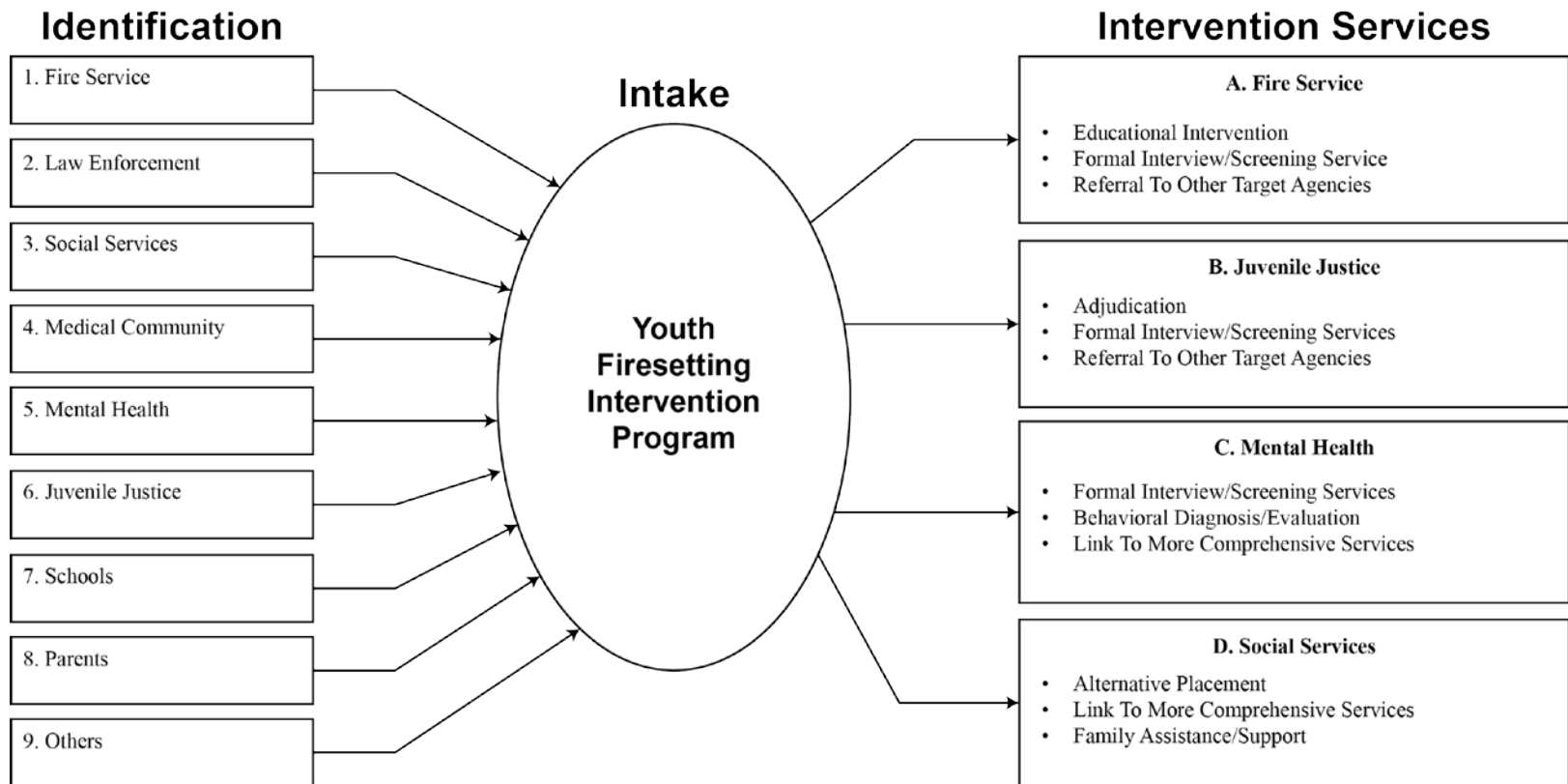
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Timeline of a prevention event:

1. A referral contacts your department
2. You contact the family and set up a visit
3. First visit with the family and youth
4. Evaluation
5. Follow up visit
6. Referral
7. Data collection / upload
8. Evaluate your process, make any necessary changes

# INTRODUCTION (cont'd)

## Flow Chart for Youth Firesetting Intervention Services



# IMPACT OF COGNITIVE, BEHAVIORAL AND LEARNING DISABILITIES

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- Many intervention specialists often view a case involving youth with a disability or disorder as being too complex or above their level of ability.
- While firefighters are not mental health clinicians, they **are** respected professionals who can provide (or help facilitate) effective intervention services.

# GOALS OF THE INTERVIEW:

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- Information included on the screening forms should include:
  - Information about the firesetting incident and history of previously set fires.
  - Information about the youth.
  - Social information.
  - Information about the family.

# ARRANGING THE SCREENING

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- Convenient to family (within reason).
- Inform parents of length of interview.
- Attempt to relieve the apprehension of parents by exhibiting an empathetic demeanor and assuring that a secure and professional process will be followed.

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- Explain why the YFPI program exists.
  - Describe how the screening process works.
  - Explain how intervention strategies are chosen.
  - Explain participation required of youth/parent.
  - Describe why a multidisciplinary approach is used.

# ARRANGING THE SCREENING (cont'd)

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- Location:
  - Determined by youth firesetting program.
  - Consider safety issues.
  - Have a partner for in-home visit.
  - Consider tandem approach (male/female).
  - Remind family of appointment.



# INTERVENTIONS AND RECOMMENDATIONS

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## **Low risk** of another fire incident:

- Household fire safety check
- Youth fire homework
- Firehouse visit
- Presentation at school/church/community center
  
- Follow up visits/check in
- Email/phone text with parents

## **High risk** of another fire incident:

- Escalate to your supervisor
- Recommend therapists who specialize in fire play
- Involve law enforcement
- Involve Utah Burn Center at UofU
  
- Follow up visits
- Household fire safety check

# REPORTING CHILD ABUSE

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Reporting child abuse is mandatory in all states.

- Physical.
- Emotional.
- Sexual.
- Neglect.

# FOLLOW-UP

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- Often overlooked.
- Parents may not report recidivism.
- Perform follow-up four to six weeks after program completion.

# Questions?

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