

YOU ARE A SURVIVOR.

Resources and support in your hands.

Healing after a sexual assault looks different for each of us. Our nationally-recognized mobile application puts you in control. The information, insights, and tips included in this application were designed with you in mind. Thank you for allowing us to join you on this journey. You are not alone. We are here for you.

-Your UCASA Support Team



Search for **YOU ARE A SURVIVOR**



The Utah Coalition Against Sexual Assault (UCASA) is Utah's nationally-recognized sexual assault coalition. We are a member-driven organization dedicated to eliminating sexual assault.

WHAT'S IN THE APP?

RESOURCES FOR SURVIVORS

- Your Body's Reaction to Assault
- Reporting Your Assault
- Your Legal Options
- Your Rights as a Victim
- Medical Care
- And more

RESOURCES FOR FRIENDS AND FAMILY

- How you can help
- Effects of the assault
- Responding to Child Sexual Abuse
- Medical Care
- Reporting an Assault
- And more



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UCASA.ORG

(801)746-0404

284 West 400 North
Suite 103
Salt Lake City, Utah 84103

info@ucasa.org