

Breastfeeding Interview

- I. Breastfeeding information should be collected and updated at every WIC contact.
- II. The interview process should be interactive between the staff person and the participant.
 - a. The interview should incorporate VENA and the 3 – Step Counseling method (listen, affirm, and then educate) in providing breastfeeding counseling, support and education.
 - b. As information is obtained at the WIC contact through dialogue and conversation, fields can be completed in the applicable panels and screens.
 - c. Use “starters/prompts” under each section to help start conversation.
- III. All pertinent breastfeeding questions of the Nutrition Interview, as part of a comprehensive nutrition assessment, must be completed at every certification and recertification visit for all categories, and at the mid-certification visit for infants. Breastfeeding information should be updated at these visits as well as when infant breastfeeding status changes.
- IV. Use the list below on the conversion of months to weeks, when completing breastfeeding frequency fields. To convert months to weeks:

1 month = 04 weeks
2 months = 09 weeks
3 months = 13 weeks
4 months = 17 weeks
5 months = 22 weeks
6 months = 26 weeks
7 months = 30 weeks
8 months = 35 weeks
9 months = 39 weeks
10 months = 43 weeks
11 months = 48 weeks
12 months = 52 weeks
13 months = 56 weeks
14 months = 61 weeks
15 months = 65 weeks

16 months = 69 weeks
17 months = 74 weeks
18 months = 78 weeks
19 months = 82 weeks
20 months = 87 weeks
21 months = 91 weeks
22 months+ = 96 weeks+

V. Use the list below for nutrition interview breastfeeding questions.

Days/weeks:

0- 6 days = 0 weeks (Note counting the day of birth as Day 0)
7-13 days = 1 week
14-20 days = 2 weeks
21-37 days = 3 weeks
28-34 days = 4 weeks
35-41 days = 5 weeks
42-48 days = 6 weeks
13 weeks = 3 months

VI. Definitions for interview question "What besides breast milk has he/she received?"

- a. Nothing - has not been fed anything other than human milk, vitamins, minerals, and/or medications.
- b. Something else rarely - has been fed something other than human milk, vitamins, minerals, and/or medications.
- c. Something else regular basis - is breastfeeding and receiving something other than breast milk, vitamins, minerals, and/or medications (including formula, rice cereal) on a regular basis.

VII. Breastfeeding Category and Description must be changed <6 months: in the situation when a mother and infant are certified as not breastfeeding and return at a subsequent visit as breastfeeding, or in the rare situation when a mother and infant have been identified incorrectly and entered into VISION. Use the following steps:

- a. Create a new nutrition interview for the infant, and select the Change BF Info button. Note: this will give you a pop up box indicating you will

change the interview questions from not breastfeeding to breastfeeding; select yes. Answer all the applicable breastfeeding questions and change the breastfeeding description field.

- b. It is important to follow the steps listed below for the mother to change her category:
 - i. Access the Certification panel, create a new record and terminate the participant's certification with the appropriate termination reason (Postpartum to Breastfeeding) and with a certification effective date of today's date.
 - ii. Under the Application panel, select New to create a new application
 - iii. Access the Participant Category panel and create a new category record (Breastfeeding) for the participant.
 - c. Continue with the certification for the mother only. Note: anthropometric data older than 60 days must be taken again.
 - d. Refer to the Food Package policy document for additional information.
- VIII. Breastfeeding Category and Description must be changed < 6 months: in the situation when a mother and infant are certified as breastfeeding and return at a subsequent visit as not breastfeeding, or in the rare situation when a mother and infant have been identified incorrectly and entered into VISION. Use the following steps:
- a. Create a new nutrition interview for the infant and respond No to the question, Is the infant currently breastfeeding? This will give an automatic participant category update for the breastfeeding mother (changes her to not breastfeeding or terminated). Note: the interview questions will change from Nutrition Practices (Breastfeeding) to Nutrition Practices (Not Breastfeeding). Then change the breastfeeding description field to No Longer BF and answer all the applicable breastfeeding questions.
 - b. Refer to the Food Package policy document for additional information.
- IX. Pregnant to Breastfeeding or Not Breastfeeding/Postpartum:
- a. Access the Certification panel and terminate the participant's certification with the appropriate termination reason (e.g., pregnancy ended) and with a certification effective date of today's date.

- b. Create new Application
 - c. Access the Participant Category panel and create a new category record for the participant.
 - d. Continue a certification for the new category.
- X. Breastfeeding or Not Breastfeeding to Pregnant:
- a. Access the Certification panel and terminate the participant's certification with the appropriate termination reason and with a certification effective date of today's date.
 - b. Create new Application
 - c. Access the Participant Category panel and create a new category record for the participant.
 - d. Continue a certification for the new category.